

# WEEKLY MENU

WEEK 1



**EVERY TUESDAY**

Asian inspired noodles with a selection of protein and vegetables



**EVERY WEDNESDAY**

Authentic Greek flatbreads topped with marinated chicken or plant-based protein



**EVERY THURSDAY**

Chicken served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours



**MON**

Mediterranean vegetable ragu with gnocchi & garlic bread

**TUE**

Chicken & lentil arrabbiata with wholewheat pasta & garden salad (Halal available)

**WED**

Roast of the day with seasonal greens, carrots, roasties & gravy (Halal available)

**THU**

Minced beef & onion pie with broccoli, carrots & cauliflower (Halal available)

**FRI**

Sustainably sourced battered fish & chips with peas or beans

Mac & cheese topped with crispy onions served with garlic bread & mixed salad (V)

Vegemince chilli with rice, broccoli, carrots & cauliflower (V)

Quorn roast of the day with seasonal greens, carrots, roasties & gravy (V)

Cheese & spring onion loaded potato skins with broccoli, carrots & cauliflower (V)

Pizza with chips

## POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

## DESSERTS

Enjoy our chef's choice of sweet treats, served every day

13th April, 4th May, 25th May, 15th June, 6th July, 7th Sept, 28th Sept, 19th Oct 2026

V - VEGETARIAN  
VG - VEGAN

# WEEKLY MENU

WEEK 2



**EVERY TUESDAY**

Asian inspired noodles with a selection of protein and vegetables



**EVERY WEDNESDAY**

Authentic Greek flatbreads topped with marinated chicken or plant-based protein



**EVERY THURSDAY**

Chicken served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours



**MON**

Garlic mushroom mac & cheese (V)

**TUE**

BBQ chicken burrito with mixed rice & salsa (Halal available)

**WED**

Roast of the day with seasonal greens, carrots, roasties & gravy (Halal available)

**THU**

Sausage & mash with caramelised onion gravy & seasonal vegetables (Halal available)

**FRI**

Sustainably sourced battered fish & chips or chicken nuggets & chips (Halal available)

Butternut & beany vegetable burrito (VG)

Spaghetti with roasted vegetables in herby tomato sauce (V)

Smoky cheese & butternut quiche with seasonal greens, carrots & roasties (V)

Veggie sausage & ash with caramelised onion gravy & seasonal vegetables (VG)

Pizza with chips

## POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

## DESSERTS

Enjoy our chef's choice of sweet treats, served every day

30th March, 20th April, 11th May, 1st June, 22nd June, 13th July, 14th Sept, 5th Oct, 26th Oct 2026

V - VEGETARIAN  
VG - VEGAN

# WEEKLY MENU

WEEK 3



**EVERY TUESDAY**

Asian inspired noodles with a selection of protein and vegetables



**EVERY WEDNESDAY**

Authentic Greek flatbreads topped with marinated chicken or plant-based protein



**EVERY THURSDAY**

Chicken served with a range of signature marinades and seasoned rice

Switch it up with our street food favourites! Ask the team for this week's flavours



**MON**

Sweet potato katsu with mixed rice & vegetables (VG)

**TUE**

Thai red chicken curry with mixed rice (Halal available)

**WED**

Roast of the day with seasonal greens, carrots, roasties & gravy (Halal available)

**THU**

Beef & lentil ragu with gnocchi (Halal available)

**FRI**

Sustainably sourced battered fish & chips or oven baked chicken goujons & chips (Halal available)

Vegetable lasagne with garlic bread (V)

Quorn burger & wedges (V)

Quorn roast with seasonal greens, carrots, roasties & gravy (V)

Cheese quiche with salad & new potatoes (V)

Pizza with chips

## POT & TASTY

Daily range of ready to go pots including pastas, salads and rice bowls

## DESSERTS

Enjoy our chef's choice of sweet treats, served every day

6th April, 27th April, 18th May, 8th June, 29th June, 20th July, 31st Aug, 21st Sept, 12th Oct 2026

V - VEGETARIAN  
VG - VEGAN